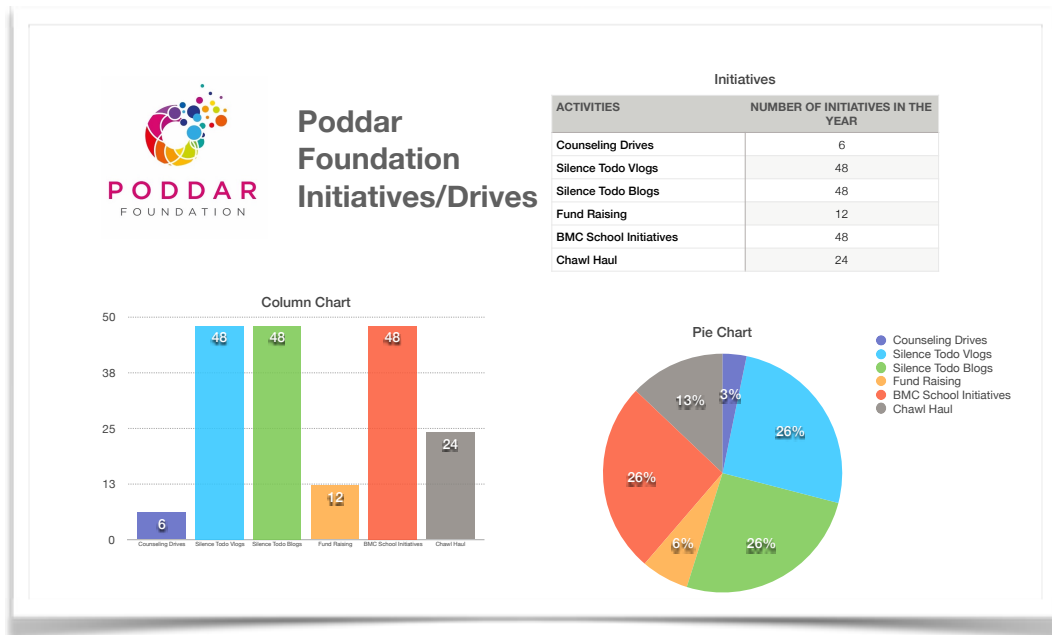




Poddar Foundation

Volunteer with us



Chawl Haul

Counseling
Developmental modules
Street plays
Meet and Greet



BMC Schools

Mental and Emotional
Development
Nutrition and Physical
Exercise
Personal Coaching



Silence Todo For Awareness

Films
Stories
Articles
Interviews

www.poddar.foundation

We are a Mumbai based foundation that is focused on holistic wellness seen through the lens of spreading awareness in the areas of mental, behavioral, emotional and physical health of our communities.

Make a difference in the lives of Mumbaikars. Join our enriching initiatives for the communities. Understand the psyche of the people whom we wish to lead. Lead beyond your authorities and see the communities blossom under your tutelage. Learn Mentorship, Learn Community Development, Learn Empathy and Sensitivity and Learn to Connect.

1
ONLINE
Awareness Building SEO
Fund Raising
Pamphlet Distribution

2
OFFLINE
Mentor Children
Working with communities
Think tanks
Counseling drives

3
REMOTE
Stories
Silence todo films
Coordination of Interventions